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NOMO FOMO
Positive mental health for GEN Z
NO MORE Fear Of Missing Out

NEWSLETTER 2
January 2022

The NOMO FOMO project partners wish you a wonderful year in 2022 - full of happiness, joy, and success!

WHAT'S NEW?

The partners of the NOMO FOMO project are working to promote positive mental health for young people thanks to the production of training materials and resources – all of which can be accessed on their smartphones.

12 interactive infographics each one addressing one of the key themes associated with FOMO are almost finalised in English and will soon be available online. We can't wait to present them!

The In-service Training Programme to support youth worker will be ready by March 2022 to be tested during an online or face-to-face (fingers crossed) transnational training activity.

The learning outcomes of the peer-leadership training programme are being developed; these will help to guide our work on developing the training for young people.

The Smartfeed training programme composed of interactive videos and tipsheets will be finalized and live on our online platform by the end of January.

Finally, a prototype of MOOC has been presented to the partners and once content is finalized in English, it will be uploaded on it – with some samples ready by the end of January 2022!

HYBRID MEETING

On 16th December 2021, some partners reached Paris for the second transnational partner meeting of the project. Other partners were not able to attend it face-to-face due to COVID-19, and had to join the discussion through Zoom.



Whether online or in-person, partners were happy to see one another to close the first year of our project!

Please check our Facebook page to know more about the project:
www.facebook.com/NOMO-FOMO-Project-106445284977426



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